



A few key points to remember:

- Stay in the kitchen when you are frying, grilling, broiling, or boiling food. If you must leave the room even for a short period of time, turn off the stove.
- When you are simmering, baking, or roasting food, check it regularly, stay in the home, and use a timer to remind you.
- Keep cooking areas clean and clear of combustibles (e.g. potholders, towels, rags, drapes and food packaging).
- Keep children away from cooking areas by enforcing a “kid-free zone” of three feet (1 meter) around the stove.
- If you have a fire in your microwave, turn it off immediately and keep the door closed. Never open the door until the fire is completely out. If in doubt, get out of the home and call the fire department.
- Always keep an oven mitt and a lid nearby. If a small grease fire starts in a pan, smother the flames by carefully sliding the lid over the pan (make sure you are wearing the oven mitt). Turn off the burner and slide the pan off the burner. To keep the fire from restarting, do not remove the lid until it is completely cool. Never pour water on a grease fire. If the fire does not go out, get out of the home and call the fire department.
- If an oven fire starts, turn off the heat and keep the door closed to prevent flames from burning you or your clothing. If the fire does not go out, get out of the home and call the fire department.

A cooking fire can quickly turn deadly. Too many homes have been destroyed and people killed or injured by fires that could have been easily avoided. Please heed these simple safety rules.